



# TALANOA BOWL PROGRAMME

## SATURDAY

- HULA FIT** ..... 11:00AM  
Afro-nesian exercise about being fearless and working on you!
- TALANOA TANOA** ..... 11:30AM  
Around the Kava Bowl, we talanoa and explore the many benefits of this special ingredient.
- VOICES OF THE PASIFIKA** ..... 12:30PM  
An array of spoken word and poetry, an expression of our Pasifika identity.
- STORYBOOK SERIES** ..... 1:00PM  
Peu Tupuna | Cook Islands.
- FINE & PACIFIC** ..... 1:30PM  
A panel discussion understanding the notion of being Queer and Pasifika in the 21st century.
- FELAFOLAFOAIGA** ..... 2:30PM  
A debate between our two resident Universities Pacific Students Association on topical issues facing our people.
- STORYBOOK SERIES** ..... 3:30PM  
Tala | Tuvalu.
- MOVING THROUGH THE PASIFIKA**..... 4:00PM  
Experiencing Pasifika through movement.
- PACIFIC SHORT FILM SERIES** ..... 5:00PM  
Samoan Tales: Farm Boys.

## SUNDAY

- PRAYER** ..... 11:00AM
- TALANOA TANOA** ..... 11:30AM  
Around the Kava Bowl, we talanoa and explore the many benefits of this special ingredient.
- VOICES OF THE PASIFIKA** ..... 12:30PM  
An array of spoken word and poetry, an expression of our Pasifika identity.
- STORYBOOK SERIES** ..... 1:00PM  
Talanoa | Tonga
- URA & EI KATU** ..... 1:30PM  
Learn how to ura from our veine and have a go at making a ei katu or headpiece.
- RONGOĀ MĀORI** ..... 2:30PM  
Our wahine collective share traditional Māori medicinal methods that support hauora.
- STORYBOOK SERIES** ..... 3:30PM  
Purakau | Aotearoa.
- KATAKATA HOUR** ..... 4:00PM  
Our Pacific humour has a style of it's own – our hour dedicated to laughing along with us, poly styles!
- PACIFIC SHORT FILM SERIES** ..... 5:00PM  
Tales of Taonga - Tupaia.

## MONDAY

- HULA FIT** ..... 11:00AM
- TALES OF MOANA** ..... 11:30AM  
Pacific children stories connecting us back to our Moana
- TAKILIGI**..... 12:30PM  
Tokelauan Talanoa and whatele workshop
- MANULUA – OUR PACIFIC LANDS** ..... 1:30PM  
At Manulua, we acknowledge that all those living in the Pacific are under threat of losing their livelihoods and pristine lands due to adverse effects in climate change. We aim to use the resources we have - our business, our team, our investments, our voice and imagination to do something about it
- OUR CLIMATE OUR FUTURE** ..... 2:30PM  
Talanoa around the impacts of Climate Change in the Pacific and New Zealand and the role we can play to support a resilient climate into the future
- STORYBOOK SERIES** ..... 3:30PM  
Digital Fāgogo - Masina Studios
- PECHA KUCHA** ..... 4:00PM  
Hearing from emerging young pacific leaders around their journey - Arizona Leger, Maria Sopoaga, Benji Timu, Pania Newton and Tom Va'asuaga
- PACIFIC SHORT FILM SERIES** ..... 5:00PM  
Coconet - Inspiring leaders series

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